



**ICM Asia Pacific 2019**

Auckland, New Zealand

Mauri Noho, Mauri Oho, Mauri Ora

## Abstract Submission Instructions

We are pleased to invite you to submit abstracts for the International Conference on Mindfulness - Asia Pacific in 2019.

The purpose of this conference is to provide a forum to communicate mindfulness research from a wide range of areas. We thus encourage contributions from all fields of research and inquiry, ranging from health, education, to business. Such contributions generally follow a particular systematic research method and thus report on quantitative or qualitative data (or mixed methods). However, we also welcome conceptual and theoretical presentations and posters related to mindfulness (such as from philosophy or religious studies), as long as these are based on robust arguments as well as a thorough understanding of the relevant literature and if they provide a novel contribution to our understanding of mindfulness. Anecdotal evidence or individual case studies and examples of the application of mindfulness may be communicated as an e-poster. Please contact the chair of the programme committee (Associate Professor Chris Krägeloh, [chris.krageloh@aut.ac.nz](mailto:chris.krageloh@aut.ac.nz)) if you are unsure whether your proposed presentation/e-poster meets these criteria.

After your abstract has been screened for suitability such as topic relevance, it will be allocated to the programme committee and grouped according to area of research/inquiry. This will determine which sub-committee will evaluate whether the abstract meets the required standard and also which conference stream your presentation/e-poster will be scheduled for if it is accepted.

When submitting your abstract, you will be asked to select one of the following options:

### Oral presentation

Oral presentations will be allocated 20 minutes in the conference programme; 15 minutes for the presentation and 5 minutes for questions. Presentations must be in English and typically involve a Powerpoint presentation run from an IBM-compatible PC. Please ensure that your presentation file meets the required format – see <http://www.icm2019.org/abstract-submission.html> for the presentation guidelines.

Note that the programme committee may decide to suggest that your proposal for an oral contribution to the conference should be in the form of an e-poster.





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## Presentation of e-poster

As with oral presentations, e-posters must be presented in English. A time will be scheduled during the conference for presenters to show their e-poster to an audience on a screen. This will be in the form of a single image. If necessary, we can assist you with conversion of .ppt files to the required .png or .jpeg format. The allocated time for each e-poster presentation will be 10min (including question time). Throughout the conference, e-posters will continue to be displayed on larger screens (in a rotating fashion).

## Submission Guidelines

Download the abstract submission template file "ICM 2019 Abstract Submission Template.docx". You will be required to choose whether your submission is for an oral presentation or an e-poster. You will need to complete an abstract that is between 200-300 words in length. The structure of your abstract will depend on whether you are proposing results from a study that collected data (possible as oral presentation and e-poster), whether you are proposing to make a conceptual or theoretical contribution (possible as oral presentation and e-poster) or whether you would like to provide a report of an application of mindfulness such as a case study (possible as an e-poster only). Do not include references, tables, charts, or graphs in your abstract submission. Rename the file in the format: Surname\_SubmissionDate (yyyy-mm-dd), e.g., Smith2018-04-25.docx.

There is no limit to the number of abstracts one author may submit for consideration.

The named corresponding author is responsible for communicating these guidelines to all involved parties.

Please send all abstract submissions to [chris.krageloh@aut.ac.nz](mailto:chris.krageloh@aut.ac.nz).

## Submission Timeline

**24 August 2018:**..... Abstract submission closes

**12 October 2018:**..... Extended abstract submission closes

**26 October 2018:**..... Final date that authors will be notified of acceptance

**2 November 2018:**..... Early Bird Registration closes

**9 January 2019:**..... Last day for registration for delegates who have their oral presentation or e-poster accepted

Notification of acceptance will be via email. Note that close of business for the above dates is 5:00pm New Zealand time.

